

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**4**  
 Chicken Nuggets (5)  
 Brown Rice (½ C, 1 G)  
 Carrots (¼ C)  
 Apple Slices (½ C)  
 Paradise Punch (½ C)  
 BBQ Sauce OR Ranch  
 White or Chocolate Milk (8 oz)

**5**  
 Hamburger (2.5 oz, 2 m/ma) on a Bun (2 G)  
 Lettuce (1/8 C), Tomato (1/8 C), Pickle (1/8 C)  
 Baked Beans (¼ C)  
 Mandarin Oranges (½ C)  
 Ketchup / Mustard  
 White or Chocolate Milk (8 oz)

**6**  
 Jumbo Cheese Ravioli (3 ea / 2 m/ma, 1 G)  
 Broccoli (¼ C)  
 Pears (½ C)  
 Sports Vanilla Crackers (1 G)  
 White or Chocolate Milk (8 oz)

**7**  
 Toasted Turkey Ham & Cheese Sandwich (1.75 m/ma, 2 G)  
 Corn (¼ C)  
 Peaches (½ C)  
 Apple Juice (½ C)  
 White or Chocolate Milk (8 oz)

**1**  
 Pizza Crunchers (4 ea, 2 m/ma, 2.25 G)  
 Marinara Cup (½ C)  
 Green Beans (¼ C)  
 Fruit Cocktail (½ C)  
 White or Chocolate Milk (8 oz)

**8**  
 Cheese Pizza Quesadilla (2 m/ma, 2 G, 1/8 V)  
 Marinara Cup (½ C)  
 Green Beans (¼ C)  
 Fruit Cocktail (½ C)  
 White or Chocolate Milk (8 oz)

**11**  
 Hawaiian BBQ Grilled Chicken Nuggets (4)  
 Brown Rice (½ C, 1 G)  
 Corn  
 Paradise Punch (½ C)  
 Pineapple (½ C)  
 White or Chocolate Milk (8 oz)

**12**  
 Turkey Tacos (2 m/ma, 1/8 C-Veg, 1 G)  
 Lettuce (½ C) / Tomato (1/8 C) / Cheese (2 TBSP 0.5 m/ma)  
 Salsa Cup (½ C)  
 Refried Beans (½ C)  
 Mandarin Oranges (½ C)  
 White or Chocolate Milk (8 oz)

**13**  
 WG Macaroni & Cheese (6 oz, 2 m/ma, 1 G)  
 Broccoli (¼ C)  
 Pears (½ C)  
 White or Chocolate Milk (8 oz)

**14**  
 Turkey Meatball Sub (6 ea, 1.5 m/ma + 2 G)  
 Sweet Potato Fries (¼ C)  
 Fruit Cocktail (½ C)  
 White or Chocolate Milk (8 oz)

**15**  
 Cheese Pizza (2 m/ma, 2 G)  
 Green Beans (½ C)  
 Baby Carrots (½ C) with Ranch  
 Peaches (½ C)  
 White or Chocolate Milk (8 oz)

**18**  
 Chicken Patty (2 m/ma, 1 G) on a Bun (1 G)  
 Broccoli (¼ C)  
 Apple Slices (½ C)  
 Paradise Punch (½ C)  
 Mayonnaise  
 White or Chocolate Milk (8 oz)

**19**  
 Cheeseburger (3 oz, 2.5 m/ma) on a Bun (2 G)  
 Lettuce (1/8 C), Tomato (1/8 C), Pickle (1/8 C)  
 Baked Beans (¼ C)  
 Banana (½ C)  
 Ketchup / Mustard  
 White or Chocolate Milk (8 oz)

**20**  
 Turkey Ham & Cheese on a Croissant (1.75 m/ma / 2.25 G)  
 Baby Carrots (¼ C) w/ Ranch  
 Pears (½ C)  
 Apple Juice (½ C)  
 Mayonnaise / Mustard  
 White or Chocolate Milk (8 oz)

**21**  
 Cheese Tortellini (1.5 m/ma, 1 G)  
 Garlic Toast (1 G)  
 Mixed Vegetable Blend (¼ C)  
 Peaches (½ C)  
 Amazon' Craisin (½ C)  
 White or Chocolate Milk (8 oz)

